

Treatment Approaches

Bursitis

Approach

Product(s) & Dosage: 1 cc of Traumeel® Injection Solution mixed with 1 cc of 0.5% bupivacaine hydrochloride

Application: Inject under ultrasound guidance in and around the affected bursal region

Duration: Injection may be repeated up to 2 times per week for up to 3 weeks if the symptoms persist

See Also:

K. Natsis, Chr. Lyrtzis, E. Papathanasiou, N. Anastasopoulos Rectus abdominis overuse injury in a tennis athlete treated with Traumeel® injections. *Am J Case Rep*, 2012; 13: 3-6

Thiel W, Bohro B. The treatment of recent traumatic blood effusions of the knee joint. *Biol Ther*. 1994; XII(4):242–248.

Birnesser H, Oberbaum M, Klein P, Weiser M. The homeopathic preparation Traumeel® S compared with NSAIDs for symptomatic treatment of epicondylitis. *J Musculoskeletal Research*. 2004;8(2-3):119–128.

Zenner S, Metelmann H. Application possibilities of Traumeel® S injection solution: Results of a multicenter drug monitoring trial conducted on 3,241 patients. *Biol Ther*. 1992; X(4):301–310.

M. L. O’Neal, DO, K. McCown, MD, and G. C. Poulis. Complex Strain Injury Involving an Intercostal Hematoma in a Professional Baseball Player. *Clin J Sport Med* 2008;18: 372–373

Hahn, J. Alternative therapies for soft tissue inflammation and joint disease utilizing homeopathic injectables. *Townsend Letter*, Jul 2008.