

Treatment Approaches

Pain Due to Fibromyalgia

Approach A

Product(s) & Dosage: 2.2 cc Traumeel® Injection Solution mixed with 2.0 cc Spascupreel® Injection Solution and 2.0 cc lidocaine per injection session

Application: Trigger point (TP) injections, though designed to relieve myofascial pain syndrome, can provide great benefits to those with fibromyalgia.

Because so many fibromyalgia patients also have myofascial pain syndrome, trigger point injections are becoming more and more an effective option for treating fibromyalgia pain.

Inject 1 cc of this mixture into the 6 most painful trigger points, using a 27G or 30G needle.

Duration: One session per week over 2 – 3 consecutive weeks