

Treatment Approaches

Muscle Strains and Hematomas

Approach A (Hematoma)

Product(s) & Dosage: Depending on hematoma size 2.2 to 4.4 cc of Traumeel® Injection Solution

Application: I.m. injection of Traumeel® Injection Solution into the area with hematoma.

Duration: The treatment can be administered twice a week for two consecutive weeks

Approach B (Strains)

Product(s) & Dosage: 2.2 to 4.4 cc Traumeel® Injection Solution; if muscle is very tender add 1 cc of Spascupreel® Injection Solution; for immediate pain relief add 1 cc procaine or lidocaine to mixture

Application: Multiple i.m. injections to pain zone or trigger points. Depending on affected size 1 to 5 injections in regional muscles each session

Duration: 1 weekly session for 2 to 4 consecutive weeks