

Treatment Approaches

Arthritis

Approach A (OA of the Knee)

Product(s) & Dosage: 2.2 cc Traumeel® Injection Solution mixed with 2.0 cc Zeel® Injection Solution per injection

Application: Both injection solutions can be mixed 1:1 (1 ampule each) in one syringe prior to injection. Injection volume is 4.2 cc. If deemed necessary, lidocaine or a similar anesthetic can be added to this mixture. In most cases, arthrocentesis will be performed prior to the i.a. knee injection. Usually a 25G or 22G 1.5" needle is used for this procedure. Ultrasound guided injections may lead to a higher accuracy. Injection has to be done under aseptic conditions.

Duration: I.a. injections are performed once per week for 3 consecutive weeks. Pain relief of 3 to 6 months has been reported. Procedure can be repeated as needed throughout a given year.

Approach B (OA of the Hip)

Product(s) & Dosage: 2.2 – 4.4 cc Traumeel® Injection Solution combined with 2.2 cc Zeel® Injection Solution per injection session

Application: Peri- or intra-articular injection of the affected hip

Duration: Once per week over 3 to 4 consecutive weeks under aseptic conditions

See Also:

C. Lozada et al: A Multi-Center Double-Blind, Randomized, Controlled Trial (db-RCT) to Evaluate the Effectiveness and Safety of Co-Administered Traumeel® (Tr14) and Zeel® (Ze14) Intra articular (IA) Injections Versus IA Placebo in Patients with Moderate-to-Severe Pain Associated with OA of the Knee. Abstract Number 2896 presented at the ACR Annual Meeting 2014 in Boston.

MOZArT Study: Combined i.a. injections of Traumeel® and Zeel® IS provided statistically significant and clinically relevant pain relief on days 15 to 99 in comparison to placebo. In this double-blind, randomized, controlled trial, a biological/mineral multi-extract combination was shown to be a safe and effective treatment for pain in moderate-to-severe knee OA.

This information is a summary of treatment approaches that were either published or shared with us by experienced clinicians that are using our products successfully in their patients. Obviously, every patient is different and needs an individualized approach, thus the described clinical approaches can only serve orientation purposes.

Traumeel® Injection Solution is a homeopathic drug indicated:

- As a mono-therapy, for the treatment of injuries, inflammatory and degenerative conditions of the musculoskeletal system and for the relief of associated symptoms such as pain.
- In combination with Zeel® Injection Solution, for the treatment of inflammatory and degenerative conditions of the musculoskeletal system, such as arthrosis / osteoarthritis and/or rheumatic joint diseases, and for the relief of symptoms including pain, swelling, and joint stiffness.

Zeel® Injection Solution is a homeopathic drug indicated:

- As a mono-therapy, for the treatment of arthrosis/ osteoarthritis, and/or rheumatic joint diseases and for the relief of symptoms such as pain and joint stiffness.
- In combination with Traumeel® Injection Solution, for the treatment of inflammatory and degenerative conditions of the musculoskeletal system, such as arthrosis /osteoarthritis and/or rheumatic joint diseases, and for the relief of symptoms including pain, swelling, and joint stiffness.

These statements have not been reviewed by the Food and Drug Administration. They are supported by traditional homeopathic principles.