

Treatment Approaches

Rotator Cuff Syndrome

Approach

Product(s) & Dosage: 2.2 cc Traumeel® Injection Solution alone or mixed with an anesthetic (e.g. 1-2 cc lidocaine)

Application: A lateral approach is generally used, though other approaches have been described. A 20-25G, 1.5” needle is suitable for this approach. Traumeel® Injection Solution can be intermixed with lidocaine in the same syringe. Image guided injections are more accurate, but also require a skilled clinician who is familiar with the technique and equipment.

Duration: Once a week for three consecutive weeks