



Treatment Approaches- Back Pain

This information is a summary of treatment approaches that were either published or shared with us by experienced clinicians that are using our products successfully in their patients. Obviously, every patient is different and needs an individualized approach, thus the described clinical approaches can only serve orientation purposes.

Traumeel® Injection Solution is a homeopathic drug indicated for the treatment of injuries, inflammatory and degenerative conditions of the musculoskeletal system and for the relief of associated symptoms such as pain.

Spascupreel® Injection Solution is a homeopathic drug indicated for the relief of spasms of the smooth musculature of the gastrointestinal and the urogenital tract as well as general muscle spasms.

Neuralgo-Rheum® Injection Solution is a homeopathic drug indicated for the treatment of nerve pain, soft tissue rheumatism and symptoms of disc protrusion.

Approach A (Unspecific Back Pain with Muscle Spasms)

Product(s) & Dosage: 2.2 cc Traumeel® Injection Solution combined with 2.2 cc Spascupreel® Injection Solution

Application: Inject Traumeel® Injection Solution 2.2 cc combined with Spascupreel® Injection Solution into the relevant trigger points or pain zone. Both agents can be mixed in the same syringe prior to injection. This mixture is administered as multiple injections of smaller volume (around 1 cc per trigger point). Traumeel® has also been successfully utilized in cervical and lumbar spine facet i.a. injections

Duration: Once per week for 3 to 4 consecutive weeks

Approach B (Pseudosciatica)

Product(s) & Dosage: 2.2cc Traumeel® Injection Solution; combined with 1.1cc Neuralgo-Rheum® Injection Solution if nerve entrapment is a cause

Application: Inject myofascial trigger points that refer pain from the gluteus minimus or piriformis muscle (depending on diagnosis) with Traumeel® Injection Solution; in case of nerve entrapment add Neuralgo-Rheum® Injection Solution to the injection.

Duration: One injection weekly for 3 to 4 weeks or longer until symptoms resolve

Approach C

Product(s) & Dosage: 4cc Traumeel® Injection Solution combined with 5-6cc lidocaine

Application: Injection epidurally

Duration: Two injections between steroid injections to elongate the time between steroid shots or on its own depending on the patient's co-morbidities

These statements have not been reviewed by the Food and Drug Administration. They are supported by traditional homeopathic principles.